Coverage for: Ind/Ind + 1/Fam | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage , you can access <u>www.ssspr.com</u> or call (787) 774-6060. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call **1-800-981-3241** to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Does not apply	You don't have to meet <u>deductibles</u> for specific services, but a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	Yes. Major Medical coverage - \$100 Individual / \$300 Family. There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For medical, hospital and prescription drug services provided by <u>in-network providers</u> - \$6,350 Individual / \$12,700 Family. Major Medical coverage - \$1,000 Individual / \$3,000 Family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, health care this plan doesn't cover, payments for non essential benefits, <u>out of network coinsurance</u> / <u>copayments</u> , and penalties for failure to obtain precertification for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.ssspr.com</u> or call 1-800-981-3241 for a list of <u>network</u> providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

For more information about limitations and exceptions, see the plan or policy document at www.ssspr.com

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019) (DOL - OMB control number: 1210-0147/Expiration date:5/31/2022) (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022) 1 of 6



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical Event	Services You May Need	What	Limitations, Exceptions, & Other	
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$15 <u>copay</u> / visit	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none
	Specialist/ subspecialist visit	\$20 <u>copay</u> / <u>specialist</u> visit \$20 <u>copay</u> / subspecialist visit	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none
	Preventive care/screening /immunization	No charge for preventive services according to the Federal Law No charge for other immunizations 20% <u>coinsurance</u> for the immunization for respiratory syncytial virus.	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Immunization for respiratory syncytial virus requires <u>precertification</u> . You may have to pay for non- preventive services. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for.
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	30% <u>coinsurance</u>	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none
	Imaging (CT/PET scans, MRIs)	30% <u>coinsurance</u>	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Pet Scan and PET CT, up to one (1) per year, per member, subject to <u>precertification</u> . MRI and CT, up to one (1) per anatomical region, per year, per member.

Common Medical	Services You May Need	What	Limitations, Exceptions, & Other		
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Generic drugs	\$10 <u>copay</u> / \$20 <u>copay</u> mail order		 The following rules apply: Generic drugs as first option. Up to 30-day (retail) supply and 90-day supply or mail order for some maintenance drugs. Mail order is not available for <u>specialty drugs</u> or drugs for chemotherapy. Some medications require <u>precertification</u> from the <u>plan</u> and the use of step therapy. 	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.ssspr.com.	Brand drugs	\$25 <u>copay</u> / \$50 <u>copay</u> mail order	Prescription drug coverage - covered in United States or its territories by reimbursement to the members up to		
	Specialty drugs	20% maximum \$200	75% of Triple-S Salud established fees, less the applicable drug copayment or coinsurance.		
	Drugs for chemotherapy	No Charge			
lf you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$75 <u>copay</u> / visit	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none	
	Physician / surgeon fees	No Charge	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none	
	Emergency room care	\$75 <u>copay</u> / visit	\$75 <u>copay</u> / visit	No charge if recommended by <i>Teleconsulta</i> . <u>Coinsurance</u> may apply for non-routine <u>diagnostic tests</u> .	
If you need immediate medical attention	Emergency medical transportation	Up to \$80 / occurrence	Up to \$80 / occurrence	Covered by reimbursement	
	<u>Urgent care</u>	See emergency room services	See emergency room services	<u>Coinsurance</u> may apply for non- routine <u>diagnostic tests</u> other than x-rays.	
lf you have a hospital stay	Facility fee (e.g., hospital room)	\$100 <u>copay</u> / admission	20% <u>coinsurance</u> , covered by reimbursement after annual deductible	none	

Common Medical	Services You May Need	What	Limitations, Exceptions, & Other		
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Physician/surgeon fees	No charge, except for lithotripsy and invasive cardiovascular test	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Lithotripsy requires precertification.	
If you need mental health, behavioral	Outpatient services	\$5 <u>copay</u> / group therapy \$20 <u>copay</u> / visit (includes collaterals)	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none	
health, or substance abuse services	Inpatient services	\$100 <u>copay</u> / admission \$50 <u>copay /</u> partial admission	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	none	
If you are pregnant	Office visits	\$20 <u>copay</u>	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Cost sharing does not apply for	
	Childbirth/delivery professional services	No charge	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)	
	Childbirth/delivery facility services	\$100 <u>copay</u>	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>		
lf you need help	Home health care	25% <u>coinsurance</u>	Covered by reimbursement or assignment of benefits, subject to a 25% coinsurance	Up to 40 visits per policy year for physical, occupational and speech therapies. Requires precertification.	
	Rehabilitation services	No charge / physical therapies	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Physical therapies with no limits. Chiropractor are covered under the Major Medical coverage	
recovering or have	Habilitation services	See Rehabilitation services.	See Rehabilitation services.	See Rehabilitation services.	
other special health needs	Skilled nursing care	No charge	Covered by reimbursement or assignment of benefits	Up to 120 days per year, per member. Requires precertification.	
	Durable medical equipment	25% coinsurance	Covered by reimbursement or assignment of benefits, subject to a 25% coinsurance	Requires precertification.	
	Hospice service	Covered through Case Management, subject to be a precertification.	Not covered	none	
If your child needs dental or eye care	Children's eye exam	No Charge	20% <u>coinsurance</u> , covered by reimbursement after <u>annual deductible</u>	Up to one (1) refraction exam per member, per year.	
	Children's glasses	Not covered	Not covered	Not covered	
	Children's dental check-up	Not covered	Not covered	Not covered	

 Services Your <u>Plan</u> Generally Does NOT Cover (Check Cosmetic surgery Dental care Glasses Infertility treatment 	 your policy or <u>plan</u> document for more information a Long-term care Non-emergency care when traveling outside the U.S. 	 nd a list of any other <u>excluded services</u>.) Private-duty nursing Weight loss programs
Other Covered Services (Limitations may apply to these serv	vices. This isn't a complete list. Please see your <u>plan</u> doc	ument.)
 Acupuncture (covered through Triple-S Natural) Bariatric surgery subject to precertification Chiropractic care (covered through Major Medical coverage) 	 Hearing aids (covered through Major Medical coverage) 	 Routine eye care Routine foot care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage. For more information about the individual insurance coverage, visit www.ssspr.com or call 787-774-6060 or toll free 1-800-981-3241.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u>, or visit <u>www.ssspr.com</u> or call 787-774-6060 or toll free 1-800-981-3241.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>. Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 787-774-6060 or toll free 1-800-981-3241.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 787-774-6060 or toll free 1-800-981-3241.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 787-774-6060 or toll free 1-800-981-3241.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 787-774-6060 or toll free 1-800-981-3241.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in- network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in–network care of a well – controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall <u>deductible</u> \$0Specialist copayment\$20Hospital (facility) <u>copayment</u> \$100Other <u>coinsurance</u> 30%		 The plan's overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>coinsurance</u> 	\$0 \$20 \$100 30%	 The plan's overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>coinsurance</u> 	\$0 \$20 \$100 30%
This EXAMPLE event includes services like: <u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)		This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)		This EXAMPLE event includes services like: <u>Emergency room care</u> (including medical supplies) <u>Diagnostic test</u> (<i>x-ray</i>) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing Deductibles \$0		Cost Sharing Deductibles \$100		Cost Sharing Deductibles \$100	
Copayments	\$100	Copayments	\$600	Copayments	\$300
Coinsurance	\$400	Coinsurance	\$200	<u>Coinsurance</u>	\$70
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$0	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$500	The total Joe would pay is	\$900	The total Mia would pay is	\$470